

Monday 5th to Tuesday 6th June 2023 Workshop with Dr. Rama Mani (Theatre of Transformation Academy)

OUR ONE EARTH HOME: An Embodied Journey of Transformation

This intriguing, interactive and experiential Theatre of Transformation workshop invites us to examine critical sustainability and the Earth Emergency with new eyes. It invites us to experience the consequences of climate crisis directly through our bodies, and to transform it through our individual and collective creativity.

OUR ONE EARTH HOME: Overview of the Workshop

Drought, Deforestation, Desertification: How are we impacted by what is happening to the Earth? Displacement, Destitution, Disease (physical and mental): How do these effects of environmental degradation on our fellow beings around the Earth affect us?

Imagine we embark on a journey around our magnificent home planet – and experience



these consequences of the Earth Emergency from the frontlines: in Africa, Asia, Latin America, Middle East. What would we do?

Do we have the agency to enact transformation and co-create an optimal future for ourselves and for all forms of life on our one home planet, Earth?

In this engaging **Theatre of Transformation workshop**, we will indeed journey around our One Home, planet Earth, to encounter, on stage, real-life individuals and communities in disparate geographies and diverse cultures on all continents, who are facing these environmental crises. And who are transforming themselves and their degenerated habitats into homes for humanity, from which they innovate and co-create regenerative futures for their communities and for our earth. As we witness these testimonies of transformation from different continents on our Earth journey, we will turn reflexively to explore how we ourselves deal with the real and metaphoric consequences of the earth's degradation in our own lives.

We will explore, dialogically, creatively, theatrically and playfully: What happens when we realise that whatever happens on earth, our only home planet, is actually also happening in our own bodies, which are part of the earth, and in our own lives, which are dependent on the Earth? We will observe how drought, deforestation and desertification express themselves in our own bodies and in our lives. We will critically question how displacement, destitution and disease affect our own lives, communities, workplaces and societies. (But we will do so not just with gloom and doom, but also with play and humour!)

Instigated and inspired by the real-life stories we witnessed on our Earth journey, we will then unlock and unleash our own innovative, imaginative, cocreative and collaborative powers to transform the Earth Emergency in our own bodies, lives, workplaces and societies.

This Theatre of Transformation workshop invites us to 'come home' in a new way, to our bodies which are our local piece of earth, and to our shared home planet, Earth.

We will evaluate at the end if and how this Earth Journey transforms our sense of humanity. We will explore whether it gives us enhanced understanding and agency to transform the current Earth Emergency, within and around us, and to co-create together a regenerative, inclusive, just and peaceful future for all life on Earth.

Dr. Rama Mani is the Founder of **Theatre of Transformation Academy**, and the **Enacting Global Transformation** Initiative at University of Oxford, whose purpose is to transform the paradigm of power through the power of art. She is Co-Founder of **Home for Humanity**, a transcultural movement for human and planetary regeneration and Councilor of World Future Council, Fellow of World Academy of Art and Science and member of the Evolutionary Leaders Circle.

Rama developed 'Theatre of Transformation' as a catalytic art form and transformative methodology, based on real-life experiences and encounters over her 30+ years of global and grassroots expertise in peacebuilding, justice, strategic leadership and global governance, with inputs from change-makers, scholars and artists worldwide.

For more information on Dr. Rama Mani's work: <u>www.TheatreofTransformation.org</u>; <u>www.HomeforHumanity.Earth</u>; <u>www.rama-mani.com</u>; also on Linkedin and FB

Schedule

5 th June	<u>(5:00 – 7:30 pm)</u>
Start time:	5:00 pm sharp
5:00 – 7:00 pm	Session 1: Witnessing Reality: experiencing with new Eyes
7:00 – 7:30 pm	Icebreaker: informal convivial reception: sharing circle (optional)
(* if your time allows, you are warmly invited to stay till 7.30 for an optional informal reception. You are welcome to bring a snack or drink to share, if you would like.)	

6 th June	<u>(9:00 am – 7:30 pm)</u>
9:00 – 11:00 am	Session 2: Awakening Possibility: within ourselves, our
	communities and our home planet Earth
11:15 – 1:30 pm	Session 3: Envisioning Change: shifting the paradigm
1:30 – 2:30 pm	Creative working lunch and preparation for Enacting Transformation
2:45 – 3:45 pm	'Dress Rehearsal': Bridging the gaps
4:00 – 5:30 pm	Enacting Transformation: Co-Creating our Future in our One
	Home, planet Earth
	Short individual theatrical / creative performances / presentations, with
	collective appraisal / feedback
5:30 – 6:30 pm:	Harvesting Collective Intelligence for Future Building: feedback,
	evaluation, appraisal
6:30 – 7:30 pm:	Shared Earth Buffet and Celebration/Closing circle : moving
	forward
(Kindly bring a packed lunch, snacks, drinks for yourself for the day. For our EARTH BUFFET:	

Please bring a 'gift of the earth' – your favourite food, drink, or sweet to share for our collective celebration!)

Participation

This workshop is open to everybody truly interested in the topic.

Your full presence and engaged participation is required throughout.

We have a maximum number of participants. Please register until May 15th 2023 latest and write a few lines about yourself and your interest and motivation to participate in the workshop to: <u>susan.thieme@giub.unibe.ch</u> and <u>anja.ruckstuhl@unibe.ch</u>

Venue

University of Bern, details will be announced after registration.

Hosted by

<u>mLAB</u> & <u>Critical Sustainability Studies</u>, <u>Inst. of Geography University of Bern</u>, * mLab is a co-host of Theatre of Transformation Academy and the Enacting Global Transformation Initiative.